

#### **INQUIRY:**

# Turn judgment into curiosity.

When I face an intractable situation, what judgments do I feel? What questions can I ask to get beyond those judgments?

## Turn disagreement into shared exploration.

When I face an intractable disagreement, what questions can I ask to invite the other party into exploring our differences to find a way to move forward?

#### Turn defensiveness into self-reflection.

When I identify my own behavior as intractable, what questions will help me see beyond my own defensiveness to move to more effective functioning?

## Turn assumptions into questions.

When I recognize my continuing ever-and-always voice, what assumptions can I identify that are holding me in an intractable place? What questions would replace those assumptions?



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