



Simple Rule 6: Celebrate Life!

Live Virtual Workshop
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Nothing is intractable.



HSD Vision

People everywhere thrive because we see patterns clearly, seek to understand, and act with courage to transform turbulence and uncertainty into possibility for all.

HSD Simple Rules

Stand in inquiry

- ▶ Turn judgment into curiosity
- ▶ Turn conflict into shared exploration
- ▶ Turn defensiveness into self-reflection
- ▶ Turn assumptions into questions

Find the energy in difference

Zoom in and zoom out

Connect through stories and impacts

Search for the true and useful

Celebrate life



Today's Adaptive Action

- ▶ **WHAT?**
What is the power of celebration?
- ▶ **SO WHAT?**
So what do you celebrate and how?
- ▶ **NOW WHAT?**
Now what will bring your celebration to life?



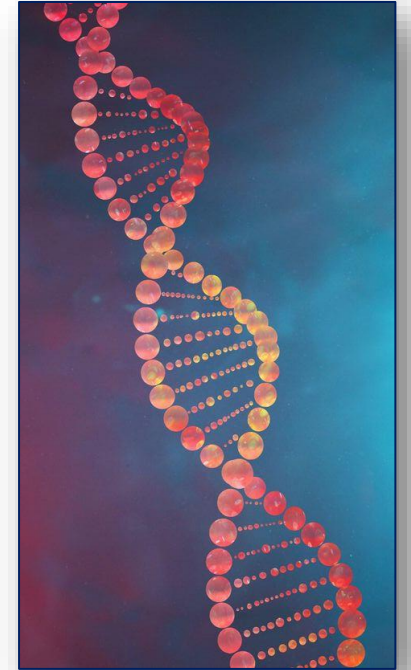


WHAT?
What is the power of
celebration?



Life Is . . . Dynamical Change!

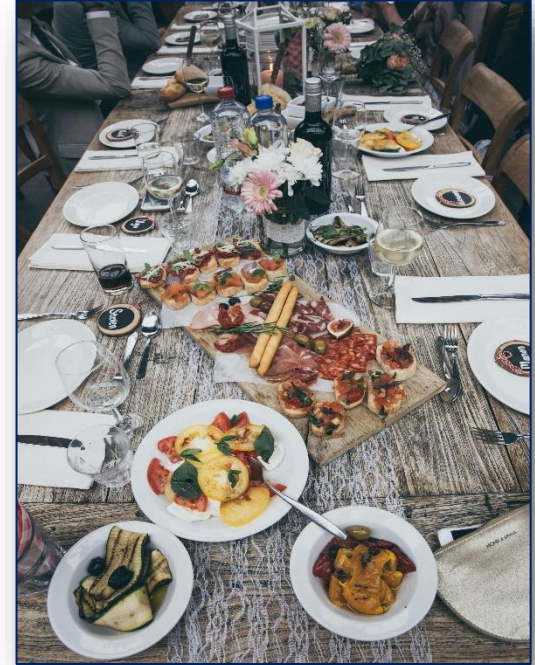
- ▶ Accumulation and release of tension
- ▶ Reminding us to remember
- ▶ Connection of each to all and all to each
- ▶ Periodic attractor pattern for emerging order
- ▶ Pattern recognition and transmission
- ▶ Pattern shifting
- ▶ Sacred—set apart from normal times
- ▶ Occasion for story telling
- ▶ And . . . FUN!!





Celebration Is . . . Dynamical Change!

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SO WHAT?
So what do you celebrate
and how?



Reflect and Share

- ▶ Step 1: WHAT?
 - ▷ Focus on your own celebration of life
 - ▷ Describe your celebration in a five-minute rush write

- ▶ Ste 2: SO WHAT?
Join a group and share the patterns you captured:
 - ▷ What Containers hold your life and celebration together?
 - ▷ What Differences make a difference for you and your community
 - ▷ What Exchanges mark celebration for you and yours?

- ▶ Step 3: NOW WHAT?
Find patterns among your shared stories



NOW WHAT?
Now what will bring your
celebration to life?



And . . .

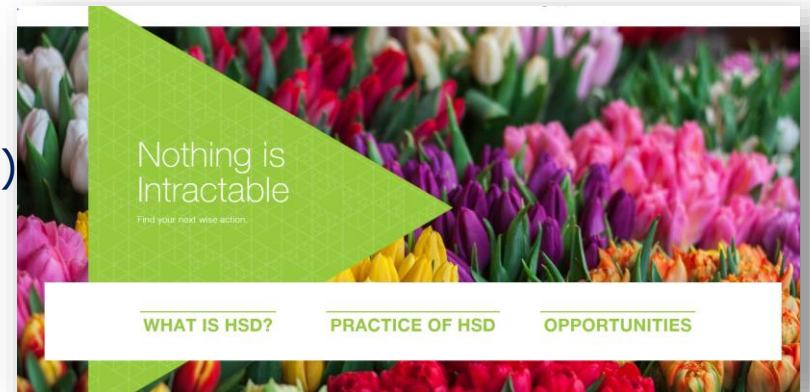
Now what will you celebrate today?



Want to learn more?

- ▶ Free, monthly webinars
- ▶ Blog posts and event announcements
- ▶ Adaptive Action Labs
(Two, 3-hour sessions on relevant topics)
- ▶ Adaptive Action Coaching (40 ICF CCE units)
- ▶ Dragons of Complexity
- ▶ HSDP Certification
(online and face-to-face)
- ▶ Website with many resources
- ▶ Books and more!

www.hsdinstitute.org





Our Adaptive Action

