

## **Live Virtual Workshop | Celebrate Life Chat Transcript 02SEP21**

- 12:09:07 Royce Holladay (she/her): The recording, the pptx, and the chat text will be shared with you in the next day or so, if you are registered and we have your email address.
- 12:09:51 Royce Holladay (she/her): It's fascinating to me how the fractals just keep repeating their patterns, no matter how far you go in or out! Never exactly the same, but self-similar.
- 12:09:52 April Schnell (she/her): It's lovely
- 12:11:59 Donna Bivens: I think this is a great example of how you got to the new rules. You could participate at so many levels and yet you came up with something I as someone who had minimal participation could see myself in what the group came up with.
- 12:13:18 Royce Holladay (she/her): Sustainability and resilience depends on the connections between and among multiple scales of a system.
- 12:17:02 Royce Holladay (she/her): What is important in a biosphere: 1) There is a scale at this we are, as a system just minuscule in the greater whole. 2) It's diversity is what makes it live; and 3) there is no way to know the whole thing.
- 12:17:24 Susan Brearley: apologies for being late. was coaching someone with long haul covid. intense adaptive actions.
- 12:17:41 Royce Holladay (she/her): Glad you are here, Susan, welcome
- 12:17:54 Susan Brearley: Thank you Royce.
- 12:19:45 Royce Holladay (she/her): What is the way that your experiences reflect or represent a sampling from the diary of the human race?
- 12:20:52 Sofi Ali: Reading
- 12:21:10 Royce Holladay (she/her): Consider the many and diverse communities you belong to...
- 12:21:21 Sofi Ali: Travel, meeting others from other traditions, science
- 12:21:22 April Schnell (she/her): Where this becomes expansive for me is what you are saying about our limited knowing. When we as individuals are more aware that we have such limited knowing, we understand how much we need and are interdependent with others in the system.
- 12:21:43 Susan Brearley: deliberative dialogue
- 12:21:45 Laura Williams: @April—love that point.

- 12:24:04 Royce Holladay (she/her): Thanks, @Sofi Ali...I agree those many sources help me see the similarities and differences across the human race and our histories.
- 12:24:32 Royce Holladay (she/her): @April...what a wonderful way to look at it.
- 12:25:07 Royce Holladay (she/her): And all the multiple ways we talk about family and who is family?
- 12:25:56 Michael K. Spayd: These are all holons, in Integral thinking. Wholes & parts. Nested systems.
- 12:26:37 April Schnell (she/her): A few months ago I lost my sister, and now am the only member of my family of origin who is still living. In the time since, I have found myself looking outwards to identify a new larger family....a different scale, if you will. It continues to be an amazing experience of discovery.
- 12:26:37 Susan Brearley: OH, HOLONs! I was first introduced to Holons in an art exhibit at Mass MOCA.
- 12:26:53 Royce Holladay (she/her): How do you see those three characteristics of the biosphere reflected in each of three...The whole being greater than its parts; the inability to know everything about it. And the interdependence of the great diversity.
- 12:27:10 Michael K. Spayd: Thanks for that share, @April
- 12:27:16 Royce Holladay (she/her): Right, Michael, thanks for that reminder....
- 12:27:39 Michael K. Spayd: Very interesting @Susan. I want to see that exhibit!
- 12:29:03 linda.kuhaupt: In education, this makes me think of collective efficacy...we are better together...we can't move our system forward alone...we don't have all the answers alone but we believe we can move forward together with the expertise/wisdom we bring
- 12:31:06 Tamela Handie: So much we can learn from operating that way @Linda.
- 12:32:26 Royce Holladay (she/her): What do these insights from Glenda and in the chat space, how are you seeing this idea of celebrate life—at any/all scales?
- 12:33:37 Royce Holladay (she/her): Celebration of life itself? Celebration of connection? Celebration of yourself? Celebration of shared work?
- 12:34:21 Royce Holladay (she/her): Patterns of celebration—How is hope a celebration of life for you?

- 12:34:21 Donna Bivens: I just want to point out the dark/light metaphor. It holds a lot of the complexity of the dangerous place we find ourselves as a species. Long story but just want to lift it up.
- 12:34:27 Susan Brearley: @Michael K. Spayd it's in here somewhere.  
[Past Exhibitions](#)
- 12:34:44 Tamela Handie: I think having these collective discussions is wonderful and I've been really fortunate to have one-on-one conversations with others in the community that help me and us to keep HSD flowing into the world in a celebratory way.
- 12:34:45 Royce Holladay (she/her): Thanks for that, Donna...
- 12:34:48 Michael K. Spayd: Thanks @Susan
- 12:35:29 Royce Holladay (she/her): Hope is grounding in what is here and now...Finding a light in what it and feed it for what might be.
- 12:35:53 Royce Holladay (she/her): We use our memory and experiences to inform our action/attention in this moment to shape our futures. Individually and collectively.
- 12:36:52 Tamela Handie: I had a really rich conversation with another student of HSD in Wales yesterday and we're excited about chatting again just because.
- 12:37:00 Royce Holladay (she/her): Making those choices—feeding that spark in the moment.
- 12:37:07 Laura Williams: Enjoying letting the images and words sink in...right now it's a time of reflection. Love the science and art connections. I have grown to love this HSD SR in its previous iteration and this current one...learning and attending to how it can bring energy into a system. Realizing it is generative has encouraged me to not see it as a 'luxury' in my midwestern work ethic. It has also explained part of why I see people drawn to the people in my life (and me when I'm practicing it) when they are drawn to them. It's 'serious' business right now!
- 12:37:18 Royce Holladay (she/her): That's a great example Tamela, finding that hope/possibility in the conversations...
- 12:37:20 linda.kuhaupt: Hope is not being stuck...but taking a next wise action
- 12:38:10 Royce Holladay (she/her): Great point...celebration of others is serious business in these days.
- 12:38:19 Royce Holladay (she/her): Nice, Linda...
- 12:38:49 Michael K. Spayd: More Integral theory (if you don't mind) spurred by Glenda focusing on our agency. There are two "primal" interdependent

pairs for all holons - agency vs communion, and integration vs transcendence.

- 12:39:12 Royce Holladay (she/her): Generosity—more than just “giving things” away...To me it’s also building generative connections, opportunities, possibilities...
- 12:39:43 Donna Bivens: Love that, Royce.
- 12:40:01 Royce Holladay (she/her): Nice, Michael...Two interdependent pairs that we might express differently across all of us...but things we experience in one way or another.
- 12:41:17 Laura Williams: “Let the beauty we love be what we do. There are hundreds of ways to kneel and kiss the ground.”  
— Rumi
- 12:41:50 Royce Holladay (she/her): When Glenda named this list, I wondered why “Learning” wasn’t in the list. And in listening to her, and in seeing what you all are writing...I realize that learning is in each one of them...Not isolated from them.
- 12:41:51 Tamela Handie: HSD has helped me to become more generous with gratitude for others who perform their jobs with excellence and are so kind to me (for no reason) and they don't expect anything in return. Giving those compliments feels good and I see them lighting up when I take the time to acknowledge what they do everyday.
- 12:41:54 Michael K. Spayd: What a great Rumi quote
- 12:42:09 April Schnell (she/her): I think we dance
- 12:42:26 Will Weiss: rememberance
- 12:42:34 Miriam Bayes: Acceptance and trust is also a way to celebrate whatever is coming to us
- 12:42:38 Roya (she/they) Damabi: creativity
- 12:42:39 Susan Brearley: Walks in nature, communing with the trees and all plant life.
- 12:42:39 Roya (she/they) Damabi: service
- 12:42:44 linda.kuhaupt: relationship
- 12:42:57 Roya (she/they) Damabi: making & baking
- 12:43:33 Will Weiss: forgiveness

12:43:39 Susan Brearley: I'm teaching Haiku sessions! I also started a haiku a day over a year ago! On Medium. I got invited to teach haiku at Innisfree Garden

12:43:52 Donna Bivens: 👍❤️❤️❤️

12:43:59 Michael K. Spayd: Great story @Royce!!

12:44:00 Susan Brearley: [Innisfree Garden](#)

12:44:03 Tamela Handie: That sounds so awesome @Royce!

12:44:04 Sofi Ali: Being present and mindful

12:44:07 Laura Williams: How lovely @Royce...a habit/pattern to influence the SEEING. Love it!

12:44:15 Miriam Bayes: great project, Royce! congratulation!

12:44:18 Michael K. Spayd: Poetry for ADHD

12:44:23 Janice (she/her) Jaguszewski: Honoring the humanity in every person I encounter -- no matter who they are or what they have done

12:44:31 Susan Brearley: I dream in haiku now, I often wake up with a haiku in my head and I have to write it down.

12:45:31 Susan Brearley: [House of Haiku - Zen 132](#)

12:45:33 Laura Williams: @Susan...wow!

12:45:36 Royce Holladay (she/her): Right, Susan, they come to me in many different ways.

12:45:57 Barrie (she/her/hers): Forgiveness as a relieving of tension—love that @will.

12:46:03 Mila: Gratitude and mourning - both are the different sides of the same coin = celebration

12:46:06 Laura Williams: Nice @Will!

12:46:06 Grace Boda: Beautiful, Will! Forgiveness also calls me back into awareness of all of humanity in me and me in all. No more separation. That's a rejoining to Life.

12:46:12 Sharon Matthias: Thanks - and reminds me that Forgiveness is forgiving myself too

12:46:20 Tamela Handie: Excellent example @Will. I'm growing in the area of forgiveness.

- 12:46:30 Royce Holladay (she/her): @Susan, I posted my year of Haiku on Twitter...It was fun.
- 12:46:30 France Larouche: Remembering that time is limited
- 12:47:08 Mila: And celebration is also growing pains/ challenging learning/ mistakes .. it's part of celebrating abundance of one's evolution towards wisdom and sacred-self consciousness
- 12:47:16 Susan Brearley: @Royce Haiku are therapeutic! What a gift to twitter. Twitter needs more haiku I feel.
- 12:48:28 Grace Boda: Another celebration of Life is willingness.....willingness to experience it all, letting go of armor to actually experience in present-time Life-as-it-is.
- 12:48:48 Royce Holladay (she/her): I am so appreciative of the sharing everyone is doing on this topic...so many differences, and so many similarities. Patterns on patterns on patterns.
- 12:48:53 April Schnell (she/her): @ Royce...love making the baking
- 12:48:57 Barrie (she/her/hers): @Sofi - knowing that it's a practice that you will never "arrive" is part of how I think of you as an expert! Your humility always has me always lean in a little closer to listen to you.
- 12:49:56 Michael K. Spayd: Nice acknowledgement @Barrie!
- 12:49:57 Royce Holladay (she/her): @Sofi, thanks for that sharing...Never arriving is such a lovely way to consider the infinite game of life.
- 12:50:13 Christine Capra - she/her: +1 Mila
- 12:50:54 Will Weiss: @Sofi, I love that observation that it all starts with being in the moment with attention. Its such a wonderful way to celebrate each other in a real way in the current reality. thank you
- 12:51:34 Barrie (she/her/hers): +1 Mila. The moment of silence at the beginning of the Power of Questions morning sessions feels related to your description of celebration and mourning.
- 12:52:30 Sofi Ali: I am so grateful to all of you for your perspectives and insights.
- 12:52:35 Will Weiss: I'm hearing "from this moment" by Shania Twain right now
- 12:52:49 Donna Bivens: I so agree. My stand point is that you can't fully celebrate before you fully grieve. I'm not sure I can do both at the same time. In fact, right now, I can't. It's a flow.That's the polarity at work.
- 12:53:00 Michael K. Spayd: My business partner has helped me see a new "take" on interdependent pairs, which is "dialectical thinking" which creates a

transcendent emergence; it seems to me that it may be “beyond” Barry Johnson’s Polarity Management. And I could be wrong.

- 12:53:51 April Schnell (she/her): @ Michael Spayd...can you recommend any reading on dialectical thinking?
- 12:54:14 Michael K. Spayd: Hmmm. Good question. Let me think.
- 12:54:18 April Schnell (she/her): It requires humility
- 12:54:19 Royce Holladay (she/her): I tend to agree with you @Michael...Not taking away from Barry’s work, but a step beyond...the interdependence and possibility in looking into the pair.
- 12:55:13 Christine (she/her) Ho Zjuongmun Miller: Bring the question to the scale of self and begin to see how one pushes against inequities and yet participates in upholding them.
- 12:55:30 Christine (she/her) Ho Zjuongmun Miller: Bring the same question to the other scales.
- 12:56:06 Sofi Ali: The interdependent pair of justice and profit drives everything in the wrong direction in my opinion.
- 12:56:21 Royce Holladay (she/her): This conversation calls to mind a reminder to focus on the differences that really matter—at all scales...not just the scale where I stand.
- 12:56:31 Leslie Patterson: Thanks, Michael — dialectical thinking leading to transcendence and emergent realizations is one dimension and path ... . And the concept of interdependent pairs helps me stay in the tension and the paradox — dancing in the the tensions, without feeling the need to move toward a resolution. . . Thanks for this little dance!
- 12:56:54 Tamela Handie: Amen @Royce!
- 12:56:55 Mila: @Michael & @Royce.. If we zoom out into living systems arena, in my perspective , the interdependent pair is beyond Barry’s work in the way that because of the emergence of life, where one stands in the interdependent pairs may be a spectrum of tensions between multiple interdependent pairs .. not a simple sequential 8 loop
- 12:57:09 Michael K. Spayd: @April - my partner’s article is currently marked “do not distribute” as it is a draft. So I’ll ask him about publishing it.
- 12:57:29 Sofi Ali: Incarceration vs the prison industrial complex, oil pipeline vs water rights, militarize good policing vs community support and development, Big pharma and insurance industry vs healthcare for all
- 12:57:34 Grace Boda: Thank you, @Michael! I’d love to see it when it’s ready.

12:57:44 Michael K. Spayd: Ok.

12:57:50 April Schnell (she/her): @Michael...how wonderful that your partner is writing on this!

12:58:00 Leslie Patterson: Thanks to all!

12:58:04 Melissa Kessler: Thank you. This was really beautiful!

12:58:06 Tamela Handie: Thank you!

12:58:07 Susan Brearley: Thank you all for the beauty of this conversation.

12:58:07 Michael K. Spayd: He's somewhat of an expert in dialectical thinking, starting with Hegel

12:58:08 Christine (she/her) Ho Zjuongmun Miller: Thanks everyone!

12:58:08 Leslie Patterson: Thanks, G & R!

12:58:10 Roya (she/they) Damabi: Thank you - today was full of beautiful reminders.

12:58:13 April Schnell (she/her): Grateful to you all!

12:58:13 Royce Holladay (she/her): Thanks to each of you...Thanks Glenda, and Thanks, Mary...

12:58:14 Michael K. Spayd: Great design today!

12:58:16 Laura Williams: Thank you all!

12:58:16 Barrie (she/her/hers): Thank you so much.

12:58:20 Donna Bivens: Thank you! Love this!!!

12:58:21 Miriam Bayes: Thank you! so envigorating as usual