12:01:08   From Royce : Hello steve, good to see you again.
12:01:25   From Alison Maxwell : Hi from the UK - a beautiful Spring day at last!
12:01:27   From Steve Legler to All Panelists : Good to be back
12:01:48   From Olga Yiannakis to All Panelists : Hello All! Olga from Cape Town, South Africa, Cohort 49. Good to "meet" you all :)
12:02:02   From Ian Couper to All Panelists : Hi from Cape Town, part of cohort 49
12:02:04   From Helena : Hi to everybody from sunny Switzerland
12:02:17   From saras to All Panelists : Hi everyone. Greetings from the UK
12:02:17   From charl souma : am I correct in understanding our sound doesn't come through? we communicate through the chat only?
12:02:28   From Royce : Correct, Charl.
12:02:33   From Stewart Mennin to All Panelists : Hello from Sao Paulo
12:02:52   From Griff Griffiths : Hello from Berlin where -10 has turned into +20 over the last month
12:03:05   From Royce : In the other meetings we have you will have voice, but since these meetings are so many peple, we don't have voice in that way.
12:03:13   From Ivana Albuquerque da Costa to All Panelists : Glenda's voice is breaking for me, I can barely hear, I wonder if the others have th esame problem..
12:03:14   From Rebecca Moss : Hello from New Jersey, where it was foggy and gusty yesterday, sunny today, and forecast for snow tomorrow
12:03:45   From Donna Bivens : Hi, All. Donna here from Boston.
12:03:46   From Nicoll : hello from the sunny north east of England
12:03:47   From Baseem_IQ : Hello everyone
12:04:08   From Stewart Mennin to All Panelists : Hi Baseem. How are you?
12:04:09   From Baseem_IQ : Nice to see you Glenda
12:04:18   From Renae Rebechini to All Panelists : Hello from cold, cold Chicago! Snow in the forecast today. Burrr
12:04:19   From eileen to All Panelists : hi from Canada - rainy BC at this momemnt
12:04:40   From Ravi from London UK : Hi from sunny London UK
12:05:35   From Mary Nations : Hi Ivana - Glenda changed mics, and it sounds good for me now - hope your connection improves! and we are recording if you want to catch that later. We are also doing facebook live if you want to try that, on the HSD Institute page
12:06:25   From Ivana Albuquerque da Costa to All Panelists : thanks Mary! wil try via Fb, if not will listen to the recording
12:10:03   From eileen to All Panelists : I know I have too much when I can't make a needed decision or second guess a decision I've made
12:10:14   From Donna Bivens : Great so far. The word that's coming to me is containers.
12:10:21   From Helena : I am so grateful for this topic! How can I manage all those mails coming into my work-Mailaccount? How can I influence this amount which distracts me from the work I acutally should do and still I cannot ignore those emails ....
12:10:34   From seankhayaandrew : How much is too much for me: when I suddenly find myself unconsciously multi-tasking (which isn't really multi-tasking, as that's impossible)..

12:10:50   From LuiSO to All Panelists : Hi from Lima, South Amaerica.
12:11:00   From Ravi from London UK : I guess whether you tend to bounce / react or enact with longer term purpose
12:11:10   From Paul Marcus to All Panelists : Hi. Paul here from sunny and cold northern Vermont.
12:11:17   From Nicoll : thinking about how the means you get your info influences you - recognising the point you made about how the multiple roles in your life influences this too...
12:11:21   From Chris to All Panelists : When the information is rich and I'm making many connections I quickly max out and have to do something else, like gardening.
12:12:21   From Royce : Chris we call that stretching and folding—when we are stretched to breaking, how do you relax and fold back into the manageable?
12:12:34   From Chris to All Panelists : I nap.
12:12:40   From Chris to All Panelists : And run.
12:12:59   From Royce : Yup, I crochet and play
12:13:03   From Chris to All Panelists : And delete incoming information…
12:13:07   From The RE-AMP Network to All Panelists : I imagine personality is a difference that makes a difference in terms of what it looks like to drink from a firehose
12:13:19   From Royce : Great point, Sarah!
12:13:26   From Chris to All Panelists : And put books back on the shelves.
12:13:30   From Ravi from London UK : Royce - some people love that, but others will hate it and shy away from it
12:13:34   From Mary Nations : lots of new names joining us today - welcome all!
12:13:48   From Royce : Absolutely…we all have to find what works for us, right?
12:14:04   From saras : I have the authors I am always attracted to read but I also read articles from people who I might not agree with.....Bringing in difference and pushing my own boundaries
12:14:17   From Ravi from London UK : yeppp - or recognise our preference and whether its conditioned / moveable
12:15:38   From Regina Martins : This is a process I can use
12:17:46   From Mary Nations to All Panelists : Q from facebook: When you say circles of interest - is that the same as circles of concern from the Locus of Control model?
12:17:58   From Royce : And that's often a personality preference as well…And we can use both eagle eyes and mouse eyes…even when one is not my favorite choice.
12:18:29   From Mary Nations to All Panelists : please have G acknowledge it is from fb when answering!
12:18:31   From Royce : I'll hold that question for Glenda, Mary…thanks.
12:19:16   From Royce to Mary Nations (Privately) : sorry I didn't realize you had sen that just to the panelists….hmmm.
12:20:22   From Mary Nations to All Panelists : yes, made that choice but perhaps should have gone to all…you can read it out
12:21:00   From Baseem_IQ : my laptop battery is running down, I feel sorry to leave now before its shut down

12:21:14   From Mary Nations : Here is the fb question if you want to read it: "When you say circles of interest - is that the same as circles of concern from the Locus of Control model?"
12:21:24   From Baseem_IQ : very interesting webinar, I will watch it offline
12:21:29   From Baseem_IQ : good bye
12:21:36   From Mary Nations : thanks Basseem!
12:21:47   From Royce : thanks for being here based!
12:22:51   From Ivana Albuquerque da Costa : would you mind explaining a bit what do you mean by interest and what by influence.. I know it sounds obvious... but I am not sure
12:24:15   From seankhayaandrew : We often do stakeholder mapping with interest/influence
12:24:26   From Kate to All Panelists : Agree with the point made re 'naming' and use of containers.   How can this be applied to wider concept of Knowledge Managment? Particularly with e-information.
12:24:32   From seankhayaandrew : When looking into a system / intervention
12:24:39   From Ivana Albuquerque da Costa : great, thanks
12:25:15   From LuiSO to All Panelists : Both I assumed are linked to our agenda, and an agenda that daynamic.
12:25:24   From Mary Nations to All Panelists : Elisa from fb thanked you for working her question in
12:26:27   From FITUC01 : I find the when focusing on the three things, locus of control, etc., I often see a pattern across all of the containers which is calling forth explicit meaning making, and action tha crosses a few containers. That feels energizing when this happens.
12:28:00   From Ravi from London UK : 'chat container' can also refer to internal voice!
12:30:09   From Kate to All Panelists : Thank you Glenda.
12:30:32   From Royce to Kate, All Panelists : Thanks for the question, Kate.
12:30:58   From Donna Bivens : That's a good idea! I have trouble focusing on both but love both the presentation and the chat. I remember Glenda helped me with the on line community in the certification program by saying you don't have to get everything. I think I'm going to follow Mary's way. Ohm but I want to talk to everybody. Oh, well...
12:31:32   From Royce : What a great example, Donna….You are so funny!
12:33:04   From Mary Nations : gotta say this time it is even more of a stretch for ,me, as I am interacting here and on facebook live. not hearing much of Glenda this time ;)
12:34:57   From Royce to Shawna Vivant, All Panelists : Hey shawna….hugs
12:35:32   From Erica to All Panelists : i am wondering how this information overload info can be applied to emerging risk frameworks.
12:35:33   From justin to All Panelists : Be Present!
12:37:20   From Royce : Erica - great question…Looking at each of these tools/approaches with the emerging risk as the first lens rather than personal preference of other lens…I'll ask G what her thoughts are.
12:39:26   From seankhayaandrew : I really love this idea of edges — points of possibly. Where worlds meet. The now/future. In permaculture the edges are often spaces for most possibility for diversity/growth
12:39:43   From Stewart Mennin to All Panelists : Is focus a way to say whole-part? There is a view that we see the whole immediately (sort

of automatically)and then focus. What "grabs our eye" depends on what is accessible or risky or not and the need or greatest difference?
12:40:45   From seankhayaandrew : Biomimicry is amazing! Learning from nature :-)
12:41:13   From Royce to justin, All Panelists : Present…great way of thinking of this…if you want to share with the whole group go to the dropdown menu and share with attendees and panelists…oth
12:43:05   From saras : I like the idea of helping the system to become more intelligent. There is often more than one metaphor held by a group which also shows difference and ideas of value
12:44:02   From Royce : Sara, yes, and how much can we learn when we listen for or to each others' metaphors…Where is the "truth in the middle" between your metaphor and mine?
12:44:03   From Mary Nations : from fb - "how does the focus on difference help me manage the firehose? it seems like it would bring in new information and add to my overload - what am I missing?"
12:44:29   From Royce : Mary I'll put that in in just a min thanks.
12:48:05   From dominicfswords : As an HSD newcomer I'm getting a lot from this - both on the topic of overload and also seeing a live example of applying the HSD cycle to a practical topic
12:48:27   From Royce : and how important it is to be relatively explicit about my cycle so that I am not creating tension with someone who is wanting/needing a different cycle size…
12:48:28   From Mary Nations : glad to have you here, Dominic
12:48:47   From Royce : thanks, Dominic…
12:51:33   From eileen to All Panelists : love idea of disconnection, sometime energy required to be in an exchange is more than I want to out in
12:51:47   From eileen to All Panelists : "put in"
12:52:07   From Stewart Mennin to All Panelists : Disconnet is like mental camouflage to reduce difference
12:52:24   From Elva Castaneda de Hall : I ask myself, "How much time alone do I need to be my best self?" and the converse….How long can I be "out there" before I lose my best self?
12:53:21   From saras : Question - how much the way an organisaiton mangages its information reveals its dominant culture? We need to witness how a new client uses email or other modes without simply getting cuaght up in it. gives us info into the types of relationships within the organisaiton and how these are maintained
12:53:51   From cathy perme to All Panelists : how would you apply this to social media with stuff coming in in milleseconds?
12:57:31   From EmilySeddon : And there are lots of great tools to help you sort through all of the different exchanges on social media…keep things in their containers
12:57:54   From Mary Nations : great point, Emily - so essential!
12:58:16   From Renae Rebechini to All Panelists : So interesting and useful, as always!
12:58:21   From saras : Great last picture. All very helpful. Thank you
12:58:22   From John Murray to All Panelists : very helpful Emily, thank you! and thanks for the wonderful hour Glenda, Royce and Mary!
12:58:35   From John Murray to All Panelists : hope to see you early next week :)
12:58:53   From John Murray : very helpful Emily, thank you! and thanks for the wonderful hour Glenda, Royce and Mary!

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12:59:04    From Claudy  to  All Panelists : Thanks for another great
webinar!
12:59:31    From Nicoll : thank you! as always great theory into
practice - always leaving you with more
12:59:44    From Curdina Hill  to  All Panelists : save this chat feed
13:01:11    From Royce : Thanks to all you yo for being here and for
listening in!
13:01:18    From Erica  to  All Panelists : thank you Glenda, Royce and
Mary.  I enjoyed the webinar.   I am going to explore how to use these
pointers for information overload in my work space and to how refine my
risk frameworks.
13:01:31    From eileen  to  All Panelists : thank you!  very worthwhile
exchange
13:01:38    From Janice Fingler  to  All Panelists : Thank you !
13:01:48    From Regina Martins : Thank you all!
13:01:50    From Donna Bivens : Great! Thanks so much!
13:01:54    From charl souma : thank you
13:01:54    From Elva Castaneda de Hall : Muchas gracias!
13:01:59    From Ravi from London UK : thanks all!!
13:01:59    From Regina Martins : Looking forward to the next LVW
13:02:05    From seankhayaandrew : Ciao Ciao
13:02:05    From Olga Yiannakis : Enjoyed my first webinar! Thanks
everyone! :)
13:02:15    From Renae Rebechini  to  All Panelists : Thank you!
13:02:16    From Helena  to  All Panelists : thanks so much, great as
always!
13:02:19    From Jeanne : Thank you Glenda, Royce and Mary!  Always
insightful.
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